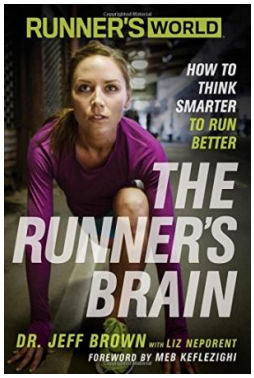
# Runner's World the Runner's Brain: How to Think Smarter to Run Better




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