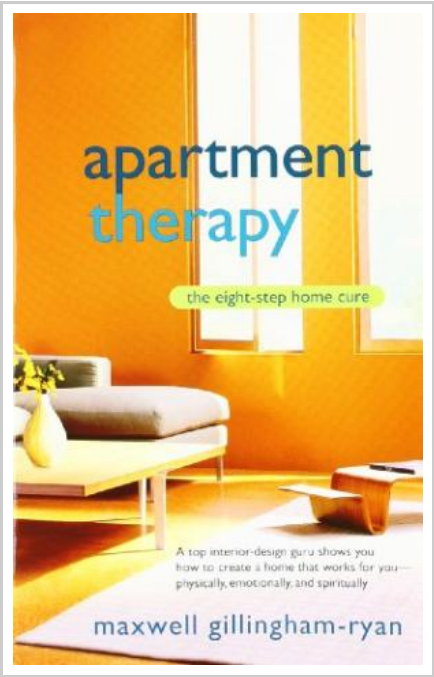



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# Apartment Therapy: The Eight Step Home Cure

By Maxwell Ryan

Bantam Books. Paperback. Book Condition: New. Paperback. 288 pages. Dimensions: 8.0in. x 5.1in. x 0.7in.From not enough space and too many things to not knowing what color to paint the living room walls, many of us struggle with our homes. Now Maxwell Gillingham-Ryan, frequent makeover expert on HGTVs Mission: Organization and Small Spaces, Big Style, shares the do-it-yourself strategies that have enabled his clients and fans to transform their apartments into well-organized, beautiful places that suit their style and budget. Week by week, Apartment Therapy will guide you to treat common problems, eliminate clutter, and revamp even the tiniest space. Here is an eight-step process that includes: A therapeutic questionnaire to help you get in touch with your personal taste and diagnose your homes physical, emotional, and energy flow issuesA prescription with recommendations for each room based on your needs and lifestyleincluding tips on how to use color, lighting, and accessories A treatment plan, including regular maintenance schedules to ensure the ongoing health of your spacelllustrations of floor plans and decorative examples that allow you to visualize concepts before you beginWith surprising ease and without elaborate professional help, Apartment Therapy will help you clear a path through disorder and indecisionto...

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