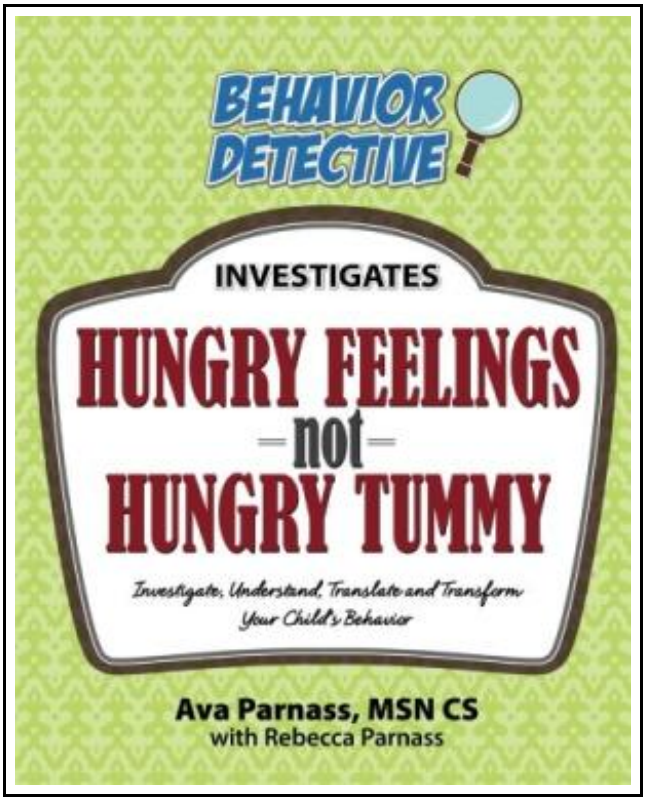
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HUNGRY FEELINGS NOT HUNGRY TUMMY: INVESTIGATE, UNDERSTAND, TRANSLATE AND TRANSFORM YOUR CHILD S BEHAVIOR (PAPERBACK)

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Createspace, United States, 2014. Paperback. Book Condition: New. 254 x 203 mm. Language: English . Brand New Book ***** Print on Demand *****.Ava Parnass MSN CS, AKA The Kid Whisperer, is an author, songwriter and child therapist. Ms. Parnass helps parents become Behavior Detectives to investigate hidden feelings, to improve behavior and overeating. As Behavior Detectives parents will learn toInvestigate Hungry Feelings not Hungry Tummy, mood issues, tantrums and misbehaving. After reading Behavior Detective Investigate: Hungry Feelings not HungryTummy, parents and teacherswill understandhow to translate and transform a child s behaviors into new feelings, new words and new actions. Using the conversation starters, activities, feelings maps and many techniques in the book to investigate behavior, will helpfamilies turn self soothing with food intotalking about feelings. There are easy step-by-step investigating skills in the book to understand and improve a child s behavior. Most behaviorssuch as tantrums, anxiety, moods, begging, repetitive activity, overactivity, overeating or not sleeping can be understood as common outward manifestations of a child s attempt to communicate feelings and emotional needs.If we change our parenting skills and teaching for the better, a child s behavior WILLimprove. It is also important that we stop blaming our kids for their badbehavior and instead find better parenting and teaching solutions to get to the root of the problem, and solve it, together.Many adults mistakenly assume children know how they feel and how toexpress those feelings fully. The truth is, children need to be taught emotional skills.This requires using words and pictures, talking, empathy, listening, role-playing, understanding, songs, training and practice. The question often comes up: Why do all this extra work to get to thetruth of what a child is feeling and then acknowledge those feelings? The Answer is: Because acknowledging and validating feelings will teachchildren in a kind, gentle,...

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