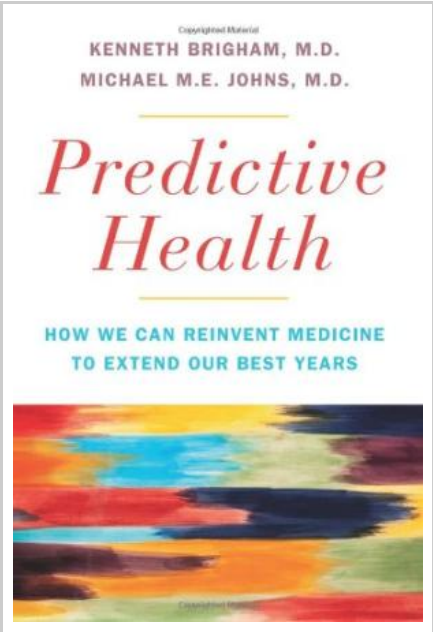


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Predictive Health: How We Can Reinvent Medicine to Extend Our Best Years

By Kenneth L. Brigham, Michael M.E. Johns

The Perseus Books Group. Hardback. Book Condition: new. BRAND NEW, Predictive Health: How We Can Reinvent Medicine to Extend Our Best Years, Kenneth L. Brigham, Michael M.E. Johns, Our health care system is crippled by desperate efforts to prevent the inevitable. A third of the national Medicare budget-nearly $175 billion-is spent on the final year of life, and a third of that amount on the final month, often on expensive (and futile) treatments. Such efforts betray a fundamental flaw in how we think about healthcare: we squander resources on hopeless situations, instead of using them to actually improve health. In Predictive Health, distinguished doctors Kenneth Brigham and Michael M.E. Johns propose a solution: invest earlier-and use science and technology to make healthcare more available and affordable. Every child would begin life with a post-natal genetic screen, when potential risk-say for type II diabetes or heart disease-would be found. More data on biology, behavior, and environment would be captured throughout her life. Using this information, health-care workers and the people they care for could forge personal strategies for healthier living long before a small glitch blows up into major disease. This real health care wouldn't just replace much of modern disease...

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