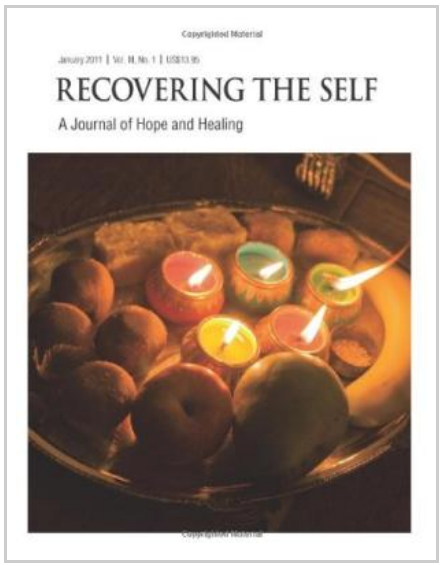


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Recovering the Self: A Journal of Hope and Healing (Vol. III, No. 1)

By Andrew D. Gibson

Loving Healing Press. Paperback. Book Condition: New. Paperback. 104 pages. Dimensions: 9.5in. x 7.3in. x 0.2in.Recovering the Self: A Journal of Hope and Healing (Vol. III, No. 1) January 2011 Recovering The Self is a quarterly journal which explores the themes of recovery and healing through the lenses of poetry, memoir, opinion, essays, fiction, humor, art, media reviews and psychoeducation. Contributors to RTS Journal come from around the globe to deliver unique perspectives you wont find anywhere else! The theme of Volume III, Number 1 is New Beginnings. Inside, we explore this and several other areas of concern including: Diet Health and Chronic Illness Fitness Parenting Disaster Recovery Child Abuse Survivors Relationships Substance Abuse Recovery Grieving Incarceration Journaling . . . and much more! This issues contributors include: Barbara Sinor, Chandru Bhojwani, David Roberts, Sam Vaknin, Niall McLaren, Allison Ballard, Claire Luna-Pinsker, Holli Kenley, Kat Fasano-Nicotera, Bronnie Ware, Jim Kelly, Andrew D. Gibson, Larry Hayes, George W. Doherty, Bonnie Spence, Sweta Srivastava Vikram, Michaela Sefler, RD Armstrong, Devon Tomasulo, Patricia Wellingham-Jones, Sue Sheff, Gail Straub Daniel Tomasulo, and Diane Wing. I highly recommend a subscription to this journal, Recovering the Self, for professionals who are in the counseling profession or...

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